

"Encourage one another and live in peace"

2 Corinthians 13:11

SPONSOR St. John XXIII Catholic Community Consisting of the Churches of: St. Agnes, Niantic St. Matthias, East Lyme

> St. Agnes Church 22 Haigh Ave. Niantic, CT 06357 (860) 739-9722

**Directions to St. Agnes:** 

#### From Points North or East:

Take I-95 South to Exit 74. At the bottom of the exit ramp, turn right onto Flanders Road. Stay on Flanders Road for almost two miles. At the fifth light, take a slight right onto East Pattagansett Road. At the light, turn left onto Main Street. Take the first right onto Columbus Avenue. The St. Agnes parking lot will be on the left.

#### From Points South or West:

Take I-95 North to Exit 72. Stay straight on the Rocky Neck connector. Turn left onto Main Street. Proceed approximately 2.5 miles. Turn right onto Columbus Avenue. The St. Agnes parking lot will be on the left.

> RETREAT LOCATION ST. EDMUND'S RETREAT ENDERS ISLAND MYSTIC, CT 06355 (860) 536-0565

The Community of St. John XXIII presents a <u>MEN's RETREAT WEEKEND</u> JUNE 1-4, 2023







Theology



www.actsct.org

Adoration – God's CALL, your ACCEPTANCE OF, AND RESPONSE TO GOD. COMMUNITY – LOVE AND CARING FOR EACH OTHER. THEOLOGY – STUDYING GOD THROUGH SCRIPTURE AND OUR CATHOLIC FAITH. SERVICE – TO GOD AND HIS PEOPLE.

### What is it?

An ACTS retreat is a three-day, three-night Catholic lay retreat presented by men who have attended prior ACTS retreats, under the guidance of clergy. Retreat activities focus on Adoration, Community, Theology and Service. Scripture and the teachings of the Catholic Church are the guides.

The goals are to renew yourself spiritually, to strengthen your faith and its application in your daily life, and to create lasting and supporting friendships. This is done via a positive, lively and interactive manner. Participants return to their parish faith communities with a deeper love for each other and a desire to become more involved.

# **Past Reactions**

"My ACTS experience reawakened a Catholic faith that had been pushed aside for a good number of years. The demands of daily life left little time to take care of my own spiritual house. A weekend spent with other men in worship, reflection & conversation, sharing the same challenges, supported me in re-centering my life towards Christ in service to my family, community and parish. "--- Ken

"To think there were so many men – family men like myself – who were involved in the church because they wanted to be – and who cared solely about strengthening my faith journey with Jesus is something that remains with me. Those men and their devotion to God reminded me in the most powerful way to be a better father, husband, Christian for which I, my wife, and family are grateful. Best of all though, I have come to know Jesus better and that is the most important relationship of all."

My first ACTS retreat was an amazing wave of emotions. I had reached a point in my life where I went to Church, but didn't express my faith in many other ways. I carried a large amount of guilt that made me resist attending a retreat. At the end I came away with many positive things. Including, a better understanding of how much Jesus loves us; how sins are forgiven; and how my struggle with sin is shared by all. I also formed close bonds with men that had faith and weren't afraid to talk about it openly with others. --- **Joe** 

## **Interested In Attending**

The retreat begins Thursday evening, June 1<sup>st</sup> with a 5:30 pm check-in at St. Agnes Church, Niantic CT. Participants will then be transported to Enders Island, Mystic CT for the remainder of the retreat. The retreat will end on Sunday, June 4th with an 11:00 AM Mass and reception at St. Agnes Church. Transportation to and from the Retreat Center will be provided.

The cost for the retreat is \$225. A deposit of \$100, made payable to St. Agnes Church, submitted with the enclosed form, will reserve your place. The remaining balance will be due at the Thursday evening check-in. (The Retreat fee is being subsidized by the New London ACTS community.)You will receive a letter prior to the retreat describing the necessities you should bring.

Please Note: Financial difficulties should not prevent anyone from attending the retreat. A limited amount of assistance is available based on your need. If you have financial concerns, please call one of the directors listed below.

For further information contact: Joe Bigger, Retreat Co-Director Phone: (860) 739-4013 Mike Pence, Retreat Co-Director Phone: (815) 922-2032 Pat Bullard, Retreat Director Phone: (860) 536-2194