



*St Brendan's Prayer*

*Help me to journey beyond the  
familiar  
and into the unknown.*

*Give me the faith to leave old ways  
and break fresh ground with You.  
Christ of the mysteries, I trust You to  
be stronger than each storm within  
me.*

*I will trust in the darkness and know  
that my times, even now, are in Your  
hand.*

*Tune my spirit to the music of heaven,  
and somehow, make my obedience  
count for You.*

**SPONSOR**

**St. Brendan the Navigator  
Catholic Community**

*Consisting of the Churches of:*  
St. Mary Star of the Sea New London  
Our Lady of Grace Fishers Island  
St. Joseph of New London  
St. Paul of Waterford

**St. Joseph's Church  
17 Squire St.  
New London, CT 06320  
(860) 444-5393**

**RETREAT LOCATION**

**St. Edmund's Retreat Center  
Enders Island  
Mystic, CT 06355  
(860) 536-0565**



Our Theme:  
"... As the Father has sent me, so I  
send you."  
John 20:21

**ST. BRENDAN THE NAVIGATOR  
CATHOLIC COMMUNITY MEN'S  
ACTS RETREAT  
JUNE 5 - 8, 2025  
ENDERS ISLAND**



**A**doration

**C**ommunity

**T**heology

**S**ervice



**ADORATION** – GOD’S CALL, YOUR ACCEPTANCE OF, AND RESPONSE TO GOD.

**COMMUNITY** – LOVE AND CARING FOR EACH OTHER.

**THEOLOGY** – STUDYING GOD THROUGH SCRIPTURE AND OUR CATHOLIC FAITH.

**SERVICE** – TO GOD AND HIS PEOPLE



*See what people say about the Retreat*

### What is an ACTS retreat?

An ACTS retreat is a three-day, three-night Catholic lay retreat presented by men who have attended prior ACTS retreats, under the guidance of a Catholic Guide. Retreat activities focus on **Adoration, Community, Theology and Service**. Scripture and the teachings of the Catholic Church are the guides.

The goals are to renew yourself spiritually, to strengthen your faith and its application in your daily life, and to create lasting and supporting friendships. Participants return to their parish faith communities with a deeper love for each other and a desire to become more involved. The retreat is open to men of all faiths.

### Interested In Attending?

The retreat begins Thursday evening, June 5th with a 5:30 PM Check-In at St Joseph, 17 Squire St.. in New London CT. Participants will then be transported to St. Edmunds Retreat at Ender’s Island in Mystic for the remainder of the retreat. The retreat will end on Sunday, June 8<sup>th</sup> with the 10:30 AM Mass and post-Mass reception at St. Joseph’s. Transportation to and from St. Edmund’s Retreat will be provided.

The total cost for the retreat is \$300. A deposit of \$150, made payable to **St. Joseph Corporation**, submitted with your form, will reserve your place. The remaining balance will be due at the Thursday evening check-in. The retreat fee is subsidized by ACTS in New London. Repeat retreatant’s cost is \$365. You will receive a letter within two weeks of the retreat describing the necessities you should bring.

**Please don’t let any financial difficulties prevent you from attending the retreat.** Assistance is available based on your need. If you have financial concerns, please call and discuss them with any of the directors listed below.

Registration form can also be found at [www.actsct.org/mens-schedule](http://www.actsct.org/mens-schedule)

For further information, please contact:

**Bill Shea**, Retreat Director

[weshea@comcast.net](mailto:weshea@comcast.net)

Phone: (860) 912-0125

**Pat Sullivan**, Retreat Co-Director

[psully007@yahoo.com](mailto:psully007@yahoo.com)

Phone: (860) 460-8470

### Past Reactions

“My ACTS experience reawakened a Catholic faith that had been pushed aside for a good number of years. The demands of daily life left little time to take care of my own spiritual house. A weekend spent with other men in worship, reflection & conversation, sharing the same challenges, supported me in re-centering my life towards Christ in service to my family, community and parish. “--- **Ken**

“To think there were so many men – family men like myself – who were involved in the church because they wanted to be – and who cared solely about strengthening my faith journey with Jesus is something that remains with me. Those men and their devotion to God reminded me in the most powerful way to be a better father, husband, Christian for which I, my wife, and family are grateful. Best of all though, I have come to know Jesus better and that is the most important relationship of all.”

--- **John**

My ACTS retreat was an amazing wave of emotions. I had reached a point in my life where I went to Church, but didn't express my faith in many other ways. I carried a large amount of guilt that made me resist attending a retreat. At the end I came away with many positive things. Including, a better understanding of how much Jesus loves us; how sins are forgiven; and how my struggle with sin is shared by all. I also formed close bonds with men that had faith and weren't afraid to talk about it openly with others. --- **Joe**