

They devoted themselves to the teaching of the apostles and to the communal life; to the breaking of the bread and to the prayers.

Awe came upon everyone, and many wonders and signs were done through the apostles.

All who believed were together and had all things in common; they would sell their property and possessions and divide them among all according to each one's need.

Each day they devoted themselves to meeting together in the temple area and to breaking bread in their homes.

They ate their meals in exultation and sincerity of heart, praising God and enjoying favor with all the people.

And every day the Lord added to their number those who were being saved.

Acts of the Apostles 2:42-47

DIRECTIONS TO CHURCH OF THE ASSUMPTION

From Rt 8: Coming from the North: Take Route 8 South to Exit 22, take ramp right for CT 67 toward Bank St/Seymour.

Continue straight on Route 67 and turn onto CT 115/Main Street. Follow CT 115 this will turn into South Main St. and then North Main Street in Ansonia. Take left onto 4th Street and then take your first right on North Cliff Street. Assumption Church will be on the right.

From Rt 8 : Coming from the South: Take Rt 8 North to Exit 16, ramp right for 334 /Pershing Drive. Continue straight on Pershing Drive and take a 2nd right just after the 4th traffic light onto Olsen Drive. Turn right onto Maple Street Bridge. At the traffic turn left onto Route 115 (Main Street Ansonia) Turn Left at next traffic light onto North Main Street. At your next traffic light, turn right onto 4th street, take your next right onto North Cliff Street. Assumption Church will be on your right.

SPONSOR

**Our Lady of the Valley Parish
61 North Cliff Street
Ansonia, CT 06401**

LOCATION

**Holy Family Retreat Center
303 Tunxis Road
West Hartford, CT 06032**

**OUR LADY OF THE VALLEY
PARISH
WOMEN'S ACTS RETREAT
JUNE 18-21, 2026**



Adoration

Community

Theology

Service

www.actsct.org

Adoration – God's CALL, your ACCEPTANCE OF, AND RESPONSE TO GOD.

COMMUNITY – LOVE AND CARING FOR EACH OTHER.

THEOLOGY – STUDYING GOD THROUGH SCRIPTURE AND OUR CATHOLIC FAITH.

SERVICE – TO GOD AND HIS PEOPLE.

What is it?

An ACTS retreat is a three-day, three-night Catholic lay retreat presented by women who have attended prior ACTS retreats, under the guidance of a Catholic Guide. Retreat activities focus on Adoration, Community, Theology and Service. Scripture and the teachings of the Catholic Church are the guides. The goals are to renew yourself spiritually, to strengthen your faith and its application in your daily life, and to create lasting and supporting friendships. This is done via a positive, lively and interactive manner. Participants return to their parish faith communities with a deeper love for each other and a desire to become more involved.

Past Reactions:

"The Women's ACTS retreat exceeded all my expectations. Honestly, I didn't think I needed another retreat, as I'd already been through Cursillo and had a strong spiritual practice. Wow, was I wrong. God works in amazing ways to restore us, especially through other women of faith. I am so grateful for the community of women I can now call friends." --- **Maggie**

"I attended my first ACTS retreat in 2019. To be honest, I didn't think I needed it and wasn't planning on going, but a priest reached out to me and encouraged me to go. So, I did. And it was one of the best decisions I've ever made. I was in a very dark place when I attended the retreat, and it helped me to unload all my burdens and leave them in God's hands. Not only am I doing better spiritually since my retreat, but I also came out with a wonderful group of friends who I know I can turn to whenever I need help." --- **Krystina**

"My first retreat was in February 2018. And when I say first, it was my very first. It truly opened me up more to my faith. It gave me a community of likeminded women who continue to help me grow closer to our Lord, Jesus. It also showed me how little I truly understood my own faith. I love going on retreat now. I call it my way of spending more time with and serving my Lord." ---**Robin**

Interested In Attending?

The retreat begins Thursday evening, June 18th, with a 5:30 p.m. check-in at Assumption Church at 61 North Cliff St., Ansonia. Participants will then be transported to Holy Family Retreat Center, 303 Tunxis Road, West Hartford, CT for the remainder of the retreat. The retreat will end on Sunday, June 21, with a 10:00 a.m. Mass and reception at the Assumption Church. Transportation to and from Retreat Center will be provided.

The cost for the retreat is \$365. **If you are a registered parishioner of Assumption or Holy Rosary Church, you will receive an additional subsidy making your total cost \$315.** A deposit of one half of the retreat cost made payable to Assumption Church, submitted with the enclosed form, will reserve your place. The remaining balance will be due at the Thursday evening check-in. You will receive a letter within two weeks of the retreat describing the necessities you should bring.

Please Note: Financial difficulties should not prevent anyone from attending the retreat. A limited amount of assistance is available based on your need. If you have financial concerns, please call and discuss them with one of the directors listed below.

For further information contact:

Robin Jones, - Director, 203-751-0796

Krystina Skibo – Co-Director, 203-906-7897

Maggie Thomas – Co-Director, 630-702-9063